

## Actions that health organisations might take to counter the climate emergency

---

### Advocate

- Talk about the climate emergency and its impact on health in your organisation - many of us are not having this conversation. Have a discussion, bring people in, talk about what you can do as an organisation and the benefits this might bring.
- Use your political leverage with elected representatives, with the NHS and with key partners.
- Declare that the climate emergency is a health emergency.

### Plan

- Produce a plan to reduce your organisations contribution to the climate emergency, including targets to be met by specific dates
- Measure, monitor, and report on the progress with your plan
- Embed environmental actions, such as reducing greenhouse gas emissions, in your governance processes.
- Appoint a member of staff to lead your organisation's efforts to combat the climate emergency.

### Adapt

- Buy only renewable energy.
- Ensure all lighting in your buildings uses energy efficient bulbs - ideally LED throughout.
- Reduce waste year-on-year.
- Eliminate the use of single-use plastics.
- Introduce meat-free days in your café/canteen and promote ways of encouraging less meat and dairy consumption.

### Travel

- Transport accounted for 28% of greenhouse gas emissions in 2017. Make it easier for staff and members to walk or cycle to your building (cycle racks, showers, developing walking routes), promote car sharing, if you have fleet cars change to electric or hybrid vehicles.
- Increase virtual meetings, reduce face-to-face meetings that necessitate long-distance travel.
- Support staff and members to use alternatives to flying for work trips when possible and if not, then carbon offset.

### Finance

- Buy goods and services only from those committed to a sustainable future.
- Divest from fossil fuels.